

Zika Virus FAQ and Resources

This document contains FAQ, links and resources directing providers to information concerning the Zika virus.

Centers for Disease Control and Prevention (CDC):

- Guidance for providers: Visit <http://www.cdc.gov/zika/hc-providers/index.html>.
- Travel health notices: Visit <http://www.cdc.gov/travel/page/avoid-bug-bites>.
- *Zika Pregnancy Registry*: To contact, call 1-770-488-7100 and email ZikaMCH@cdc.gov or ZikaPregnancy@cdc.gov.

CDC resources/FAQ:

- *What is Zika Virus?* (About Zika virus disease): <http://www.cdc.gov/zika/about/index.html>
- **Zika and Guillain-Barre Syndrome (GBS) includes:**
 - Symptoms of GBS.
 - Causes of GBS.
 - Additional resources: <https://www.cdc.gov/zika/healtheffects/gbs-ga.html>
- **Prevention includes:**
 - Details discovered about the Zika virus.
 - Steps to prevent mosquito bites.
 - Cautions against spreading the disease if you have Zika.
 - Experiences living in or traveling to an area with Zika.
 - Concerns of getting Zika from a sex partner.
 - Information for travelers.
 - Additional resources: <http://www.cdc.gov/zika/prevention/index.html>
- **Transmission and risks include:**
 - Transmission through mosquito bites.
 - Transmission from mother to child.
 - Transmission through sexual contact.
 - Transmission through blood transfusion.
 - Transmission through laboratory exposure.
 - Exposure to other risks.
 - Additional resources: <https://www.cdc.gov/zika/prevention/transmission-methods.html>
- **Symptoms, diagnosis and treatment:** <http://www.cdc.gov/zika/symptoms/index.html>
- **Areas with Zika include:**
 - Locations with active mosquito-borne transmission of Zika virus: <http://www.cdc.gov/zika/geo/index.html>
- **Zika virus disease in the United States in 2015 to 2016:** <https://www.cdc.gov/zika/reporting/case-counts.html>
- **Information on pregnant women includes:**
 - Zika and pregnancy.
 - Protection from the virus.
 - Travel information.
 - Microcephaly.

- The U.S. *Zika Pregnancy Registry*:
<https://www.cdc.gov/pregnancy/zika/research/registry.html>.
- **Health care provider information includes:**
 - Clinical guidance.
 - Clinical evaluation and disease.
 - Diagnostic testing.
 - The U.S. *Zika Pregnancy Registry*.
 - Tools for health care providers.
 - HIV infection and the Zika virus.
 - Pregnant women and women of reproductive age.
 - Infants and the Zika virus infection.
 - Sexual transmission of the Zika virus.
 - Additional information: <https://www.cdc.gov/zika/hc-providers>
- **Zika pregnancy registry:**
 - Information can be found at
<https://www.cdc.gov/pregnancy/zika/research/registry.html>.

Obstetric health care providers can:

- Report information about pregnant women with laboratory evidence of the Zika virus to their district, tribal, local or territorial health department.
- Collect pertinent clinical information about pregnant women and their infants from the *Pregnancy and Zika Virus Disease Surveillance* forms.
- Provide the information to state, tribal, local or territorial health departments or directly to CDC registry staff if asked to do so by local health officials.
- Notify district, tribal, local or territorial health department staff or CDC registry staff of adverse events (for example, spontaneous abortion or termination of pregnancy).

If you have questions about the *Zika Pregnancy Registry*, email ZikaMCH@cdc.gov or call 770-488-7100 and ask for the Zika Pregnancy Hotline.

Additional resources:

- National Institutes of Health: <https://www.nichd.nih.gov/health/topics/zika>
- World Health Organization
- Zika (World Health Organization) app: source of real-time and easy-to-use information on the disease/its complications — designed primarily for health care providers and responders (iOS or Android devices)
- *Zika Virus Fact Sheet*: <http://www.who.int/mediacentre/factsheets/zika/en> and <http://www.who.int/mediacentre/factsheets/zika/en>
- CDC recommendations for pregnant women:
<https://www.cdc.gov/zika/pregnancy/protect-yourself.html>
- LiveHealth Online® Zika health tips: <https://www.livehealthonline.com/en/health-tips/categories/fact-or-fiction/5-things-you-need-to-know-about-zika-virus>

Publications regarding Zika:

- Practice Advisory: *Updated Interim Guidance for Care of Women of Reproductive Age During a Zika Virus Outbreak*, <https://www.acog.org>, SMFM/ACOG.

- *Zika Virus and Birth Defects — Reviewing the Evidence for Causality*: CDC special report, April 13, 2016, <http://www.nejm.org>.
- *Zika Virus*. Petersen, LR. N England Journal of Medicine 2016; 374:1552-63.