



Date reviewed January 2023

Date adopted February 2023

Clinical Practice Guidelines

Table of Contents:

ADULT HEALTH

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMENS HEALTH

OTHER-TECHNOLOGY

Condition/Disease	Guideline Title	Recognized Source(s)	URL
ADULT HEALTH Return to table of contents			
Adjustment Disorder	Adjustment Disorder (2017)	Johns Hopkins Medicine	https://www.hopkinsguides.com/hopkins/view/Johns_Hopkins_Psychiatry_Guide/787068/all/Adjustment_Disorder#3.0
Alzheimer's Disease / Dementia	Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias (Guideline Watch October 2014)	American Psychiatric Association (APA)	https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (July 2018)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807
Anxiety	Anxiety Disorders (Last Reviewed April 2023)	National Institute of Mental Health (NIMH)	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (August 2007) 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Coordinating Committee Expert Panel Working Group	Global Initiative for Asthma (GINA)	https://ginasthma.org/
Behavioral Health Screening, Assessment and Treatment	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02
	National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (2020)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-care-02242020.pdf
Bipolar Disorder* * addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023



Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Coronary Artery Disease (CAD)	AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d
	Treatment of Hypertension in Patients With Coronary Artery Disease (March 2015)	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207
	AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update	American Heart Association and American College of Cardiology Foundation	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update (February 2011)	American Heart Association (AHA)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8
	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010
	2021 AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American College of Cardiology/ American Heart Association/ Society of Cardiovascular Computed Tomography / Society for Academic Emergency Medicine / Society for Cardiovascular Magnetic Resonance / American College of Chest Physicians / American Society of Echocardiography / American Heart	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053
	2021 ACC/AHA/SCAI Guideline for	American College of Cardiology /American Heart Association /Society for	https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1356655696.1641505900-317854238.1639608139

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023



Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Coronary Artery Revascularization	Cardiovascular Angiography and Interventions	
Celiac Disease	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (April 2013)	American College of Gastroenterology	ACG Celiac 2013
Chronic Kidney Disease (CKD)	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI) [™] evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_commentaries
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2017/1215/p776.html

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	National Chronic Kidney Disease Fact Sheet (2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf
	KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (January 2013)	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management/
	KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (July 2017)	International Society of Nephrology	https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf
Chronic Obstructive	Global Strategy for the Diagnosis, Management,	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	http://goldcopd.org/gold-reports/

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Pulmonary Disease (COPD)	and Prevention of Chronic Obstructive Pulmonary Disease (2020)		
Depression	Depression and Suicide Risk in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-adults
	CANMAT Clinicians Guidelines 2016 Depression Guidelines	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/17/2016-depression-guidelines/
	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients With Major Depressive Disorder: A Clinical Practice Guideline From the American College of Physicians (2016)	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical?_ga=2.240375883.977749235.1576523219-1562492790.1557437793

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf
Diabetes	Standards of Medical Care in Diabetes (January 2023)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/46/Supplement_1
Gender-Dysphoria/ Incongruence	Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017) Correction to Clinical Practice Guideline	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true https://academic.oup.com/jcem/article/103/2/699/4675081

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(February 2018) Correction to Clinical Practice Guideline (July 2018)		https://academic.oup.com/jcem/article/103/7/2758/5036711
	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc
Fall Risk	Falls Prevention in Community-Dwelling Older Adults: Interventions	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1
	Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	https://www.ncoa.org/older-adults/health/prevention/falls-prevention
Heart Failure (HF)	2013 ACCF/AHA guideline for the management of heart	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2013.05.019

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	<p>failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines (October 2013)</p> <p>ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)</p>	<p>Failure Society of America (ACCF/AHA/HFSA)</p>	<p>http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706</p>
Hyperlipidemia	<p>2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC,NLA/PCNA Guideline on the Management of Blood Cholesterol (October 2018)</p>	<p>American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American</p>	<p>https://www.acc.org/~media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf</p>

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
		Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA)	
Hypertension	ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017) Correction to Guideline (May 2018)	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&sso_redirect_count=1&access_token= http://www.onlinejacc.org/content/71/19/2275
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Clinical Practice Guideline From the American College of Physicians (2017)		practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793
Obesity	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions
	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (November 2013)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	http://circ.ahajournals.org/content/early/2013/11/11/11/01.cir.000437739.71477.ee
Oppositional Defiant Disorder (ODD)	Common Questions About Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2016/0401/p586.html#:~:text=Oppositional%20defiant%20disorder%20(ODD)%20is,for%20at%20least%20six%20months

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Posttraumatic Stress Disorder	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017)	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline
	VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (V3.2017)	Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group	https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf
	PTSD Screening Instruments	Department of Veterans Affairs: PTSD: National Center for PTSD	https://www.ptsd.va.gov/professional/assessment/screens/index.asp
Rheumatoid Arthritis	American College of Rheumatology: Referral Guidelines (August 2015)	American College of Rheumatology (ACR)	https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf
	2015 American College of Rheumatology		https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Guideline for the Treatment of Rheumatoid Arthritis (October 2015)		
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia 3 rd edition (2021)	American Psychiatric Association (APA) •	https://s21151.pcdn.co/wp-content/uploads/APA-Practice-Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd-Edition-SRC-1-8-21-CMMC-1.pdf
Sickle Cell Anemia	Evidence-Based Management of Sickle Cell Disease: Expert Panel Report (September 2014)	National Heart, Lung, Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease
Suicide Risk	SAFE-T: Suicide Assessment Five Step Evaluation and Triage	Suicide Prevention Resource Center (SPRC)	https://www.sprc.org/resources-programs/suicide-assessment-five-step-evaluation-and-triage-safe-t-pocket-card

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Assessment and Management of Patients at Risk for Suicide (2019)	Veterans Administration/Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/mh/srb/index.asp
Surgery	Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	Agency for Healthcare Research and Quality (AHRQ)	https://www.ajog.org/article/S0002-9378(18)30583-0/pdf
	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017)	AHRQ	https://www.ncbi.nlm.nih.gov/pubmed/28797562

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451
Trauma Care	A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (2014) Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420 https://store.samhsa.gov/?f[0]=series:5568

INFECTIOUS DISEASE [Return to Table of Contents](#)

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	https://www.cdc.gov/std/default.htm
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015) Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.1002/hep.28156 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf
Hepatitis C	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	http://www.hcvguidelines.org/
	Guidelines for the Screening, Care and Treatment of Persons	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	with Chronic Hepatitis C Infection (April 2016)		
HIV/AIDS	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (November 2013)	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/globalassets/idsa/practice-guidelines/primary-care-guidelines-for-the-management-of-persons-infected-with-hiv-2013-update-by-the-hiv-medicine-association-of-the-infectious-diseases-society-of-america.pdf
	HIV Guidelines	Centers of Disease Control and Prevention (CDC)	https://www.cdc.gov/hiv/guidelines/index.html
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV (September 2017)	Infectious Diseases Society of America	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1
Lyme Disease	Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease	Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR)	https://www.idsociety.org/practice-guideline/lyme-disease/#null
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2019/0901/p281.html
	Adult Outpatient Treatment Recommendations (Last	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	reviewed October 3, 2017)		
	Pediatric Outpatient Treatment Recommendations (Last reviewed February 1, 2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html
	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis)	Infectious Diseases Society of America	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/
PEDIATRIC/ADOLESCENT HEALTH (See ADULT HEALTH-Bipolar Disorder for resources for bipolar disorder in the pediatric and adolescent population) Return to Table of Contents			
Adjustment Disorder	Adjustment Disorder: Collection of Evidence-Based Practices, 7 th Edition	Virginia Commission on Youth	http://vcoy.virginia.gov/009%20adj.pdf

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Attention Deficit Hyperactivity Disorder (ADHD)	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/144/4/e201925/28
Autism	Practice parameter: Screening and diagnosis of autism (Reaffirmed August 2014)	American Academy of Neurology (AAN) and the Child Neurology Society (CNS)	https://n.neurology.org/content/neurology/55/4/468.full.pdf
	Identification Evaluation and Management of Children With Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf
Celiac Disease	Guideline for the Diagnosis and Treatment of Celiac Disease in Children:	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)		
Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-children-adolescents
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf
Hypertension in Children and Adolescents	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf https://publications.aap.org/pediatrics/article-abstract/140/6/e20173035/38276/Flynn-JT-Kaelber-DC-Baker-Smith-CM-et-al?redirectedFrom=fulltext

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

July 2023

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Corrected content to the Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (December 2017)		
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents With Obesity (January 2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/doi/10.1542/peds.2022-060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected
	Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity (July 2015. Reaffirmed 2022)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behavior disorders: a	National Institute of Health (NIH) PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	systematic review to inform policy and practice (April 2017)		
Pharmacologic Monitoring of Antipsychotics	Canadian Alliance for Monitoring Effectiveness and Safety of Antipsychotics in Children (CAMESA) Guidelines (2011)	Canadian Institutes of Health Research	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3143700/pdf/ccap20_3p218.pdf
SUBSTANCE USE Return to Table of Contents			
Medication Assisted Treatment (MAT)	Medication-Assisted Treatment of Adolescents With Opioid Use Disorders (September 2016)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893
	American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/drug-testing

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(Reviewed December 2019)		
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions
	CDC Guideline for Prescribing Opioids for Chronic Pain — United States (March 2016) Erratum for report (March 2016)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm https://www.cdc.gov/mmwr/volumes/65/wr/mm6511a6.htm?s_cid=mm6511a6_w.htm
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2

Updated:
Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (GBD)
CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969
	American Pain Society and College on Problems of Drug Dependence Methadone Safety: A Clinical Practice Guideline from the American Pain Society and College on Problems of Drug Dependence, in Collaboration with the Heart Rhythm Society (July 2018)	American Pain Society and College on Problems of Drug Dependence	https://www.sciencedirect.com/science/article/abs/pii/S1526590014005227?via%3Dihub
	The National Practice Guideline for the Treatment of Opioid Use	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Disorder – 2020 Focused Update		
Cigarette Cessation	Medication-Assisted Treatment (MAT) (Last Updated February 2018)	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	https://www.becomeanex.org/
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
	ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018)	American College of Cardiology (ACC)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027
Electronic Cigarettes	Electronic Cigarettes	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Academy of Pediatrics Policy Statement E-Cigarettes and Similar Devices (February 2019)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/143/2/e2018365/2/37305/E-Cigarettes-and-Similar-Devices
All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT NOW will connect the caller to their state quit line.			
WOMEN'S HEALTH		Return to table of contents	
Routine Antepartum Care	American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017)	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical-information/physician-fags/-/media/3a22e153b67446a6b31fb051e469187c.ashx
Equity in Reproductive Health Care	Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (January 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/01/importance-of-social-determinants-of-health-and-cultural-awareness-in-the-delivery-of-reproductive-health-care.pdf
Preventive Care	Women's Preventive Services Guidelines. (Last Reviewed 2022)	Health Resources and Services Administration (HRSA)	https://www.hrsa.gov/womens-guidelines-2016/index.html

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs



Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Cancer Screening	Women’s Health Care Physicians: Cervical Cancer FAQs (April 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/Patients/FAQs/Cervical-Cancer
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (January 2022)	American Diabetes Association (ADA)	https://diabetesjournals.org/clinical/article/40/1/10/139035/Standards-of-Medical-Care-in-Diabetes-2022
	Gestational Diabetes, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&s=gestational%20diabetes
	Gestational Diabetes Mellitus (February 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus Members only

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

<https://provider.summitcommunitycare.com>

ARSMT-CD-021827-23-CPN20771

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Obstetrical Care	Guidelines for Antenatal Care	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/Search?Keyword=antenatal&Topics=906bff1e-0656-4579-a7df-4a22f9bce483#q=antenatal%20care&sort=relevancy
	WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia	World Health Organization (WHO)	WHO recommendations for prevention and treatment of pre-eclampsia and eclampsia
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020)	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus Members only
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
			Members only
	Chronic Hypertension in Pregnancy (January 2019)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy Members only
Substance use in Obstetrics and Gynecology	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2018)	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice
	Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1
	Substance Abuse and Mental Health Services Association Clinical Guidance for Treating	Substance Abuse and Mental Health Services Association	https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018)		
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (August 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/08/marriage-and-family-building.pdf
	Health Disparities in Rural Women Committee Opinion 586 (February 2014)	ACOG	Health Disparities in Rural Women ACOG
Smoking Cessation during Pregnancy	Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (May 2020)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Need Help Putting Out That Cigarette?	ACOG	http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic,” an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/
OTHER TECHNOLOGY Return to Table of Contents			
	Guidelines for the Practice of Telepsychology (2013)	American Psychological Association (APA)	https://s21151.pcdn.co/wp-content/uploads/APA-Guideline-for-the-Practice-of-Telepsychology.pdf
	Best Practices in Videoconferencing-Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf
	AACAP's Telepsychiatry Toolkit	American Academy of Child & Adolescent Psychiatry (AACAP)	https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx
	Telehealth in Oncology: ASCO Standards and	American Society of Clinical Oncology (ASCO)	https://ascopubs.org/doi/full/10.1200/OP.21.00438

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

Date reviewed January 2023

Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Practice Recommendations (September 2021)		
	Using Telehealth to Care for Patients During the COVID-19 Pandemic (December 2020)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/patient-care/current-hot-topics/recent-outbreaks/covid-19/covid-19-telehealth.html
	Standards for Technology in Social Work Practice (2017)	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) & Clinical Social Work Affiliation (CSWA)	https://s21151.pcdn.co/wp-content/uploads/nasw-technology-standards.pdf

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs